

# DRUG & ALCOHOL OVERDOSE

**NOT** Moving but **IS** Breathing

Turn them over onto their side

Continually check they are Breathing



Delay could be DEADLY!

**NOT** Moving & **NOT** Breathing

Try to get a response

Start CPR  
Do 30 compressions on their chest

Tilt their head and give 2 breaths



Look out for your mates  
Don't let anyone be alone

Keep going  
Don't stop  
30 Compressions then 2 breaths

**CALL THE  
AMBULANCE ON  
000**

Remember.....

Ambulance officers DO NOT tell the police that you or your friends have taken drugs



You have NOTHING to fear by calling the paramedics for help, and you may SAVE a friend's life